Seagraves, MHS Win Lift Meet

SHS Girls 5th, Boys 10th in 2013 Seminole Power Invitational

The Seagraves High School girls and Midland High School boys teams to top honors, as some 300 hundred lifters -- girls and boys -- from the West Texas region converged to the old Seminole Junior High School gymnasium this past weekend to take part in the 2013 Seminole Power Invitational.

The host Maidens and Indians finished fifth and 10th respectively in the team standings.

Seminole's Sara Medrano finished with a second place finish in the 220 lbs division to pace the way for the Maidens, who finished with 17 team points.

Medrano finished with a total lift of 560 lbs, which included a 245 lbs dead lift and 230 lbs squat.

SHS' Selena Quintero, Brittany Kelly, and Kinsey Tharp all finished with third place finishes within their respective weight divisions to help earn points for the Maidens.

In boys competition, 2012 state powerlifting meet qualifier Andrew Alvidrez led the way for the Indians on the day, with a second place finish in the 148 lbs division, finishing with a total lift of 1,165 lbs.

Broken down, Alvidrez finished with a dead lift of 445 lbs, a 440 lbs squat and a 280 lbs bench press.

As a team, the Indians finished with nine team points in their home event.

2013 Seminole Power Invitational
@ Old Seminole JH Gymnasium
Saturday, Feb. 9, 2013

Girls Results

Team Standings
1. Seagraves, 44; 2. Monahans, 30; 3. Lamesa, 19; 4. Fort Stockton, 18; 5. Seminole, 17; 6. Midland High, 14; 7. Anton, 12; 8. Olton, 12; 9. Odessa High, 10; 10. Pecos, 5; 11. Kermit, 2; 12. Frenship, 2; 13. Alpine, 2.

Seminole Girls Results
(Weight totals listed in order of: squat, bench press, dead lift and total weight)

105 lbs: 4. Ysela Ysasi, 165-80-190 -- 435; 6. Ariana Conner, 150-80-200--430.
114 lbs: 8. Brittany Espinoza, 125-70-180--375.
123 lbs: 3. Kinsey Tharp, 200-110-205--515; 5. Elora Johnson, 160-80-155--395.
132 lbs: 3. Brittany Kelly, 215-80-270--565; 5. Macaela Rangel, 155-90-210--455; 7. Monica Alvidrez, 165-70-180--415.
165 lbs: 3. Selena Quintero, 215-130-215 -- 560.
220 lbs: 2. Sara Medrano, 230-85-245--560.

Boys Results

Team Standings
1. Midland High, 34; 2. Seagraves, 19; 3. Odessa High, 19; 4. Friona, 19; 5. Lamesa, 17; 6. Monahans, 12; 7. Fort Stockton, 12; 8. Pecos, 10; 9. Alpine, 9; 10. Seminole, 9; 11. Whiteface, 8; 12. Frenship, 6; 13. Kermit, 5; 14. Lubbock Christian, 4; 15. Midland Lee, 2; 16. Plains, 1.

Seminole Boys Results
(Weight totals listed in order of: squat, bench press, dead lift and total weight)

132 lbs: 8. Michael Nagy, 245-195-305--745; 9. Michael Condarco, 250-160-300--710; 12. Kevin Flores, 250-125-280--655.
148 lbs: 2. Andrew Alvidrez, 440-280-445--1,165. 16. Colton Kissick, 250-145-210--605.
165 lbs: 17. Rusty Thiessen, 280-190-300--770.
198 lbs: 3. Dalton Driver, 430-250-450--1,130.
242 lbs: 5. Kyle Rickman, 360-240-345--945.
SHW: 9. Easton Elrod, 450-245-450--1,145.

Sentinel Photo/Dustin Wright

PUSHIN' UP
Seminole's Kinsey Tharp works her way up with a 200 lbs squat lift during competition at the 2013 Seminole Power Invitiational held this past weekend at the old Seminole Junior High School Gymnasium.

SHS Tennis 9th at Andrews

ANDREWS -- The Seminole High School tennis team finished ninth overall following competition held this past weekend in a team tournament competition hosted by Andrews High School campus.

Seminole's Aubrey Owen and Ellie Villa both finished with consolation finishes within their respective flights in the tournament, which featured teams from Andrews, Big Spring, Greenwood, Monahans, Pampa, Shallowater, Snyder and Wink.

Host Andrews took top overall honors in the two-day event with 167 points, followed by Big Spring with 110.

The Maidens and Indians finished with six points, after Villa and Owen were awarded three points apiece for their girls singles consolation wins.

2013 Andrews Tournament
@ Andrews HS, Andrews
Feb. 8-9, 2013

Overall Point Totals
1. Andrews, 167; 2. Big Spring, 110; 3. Snyder, 80; 4. Pampa, 43; 5. Monahans, 29; 6. Wink, 18; 7. Greenwood, 11; 8. Shallowater, 7; 9. Seminole, 6.

Seminole Individual Results
Easton Swinnea (Boys Singles)
lost to Rodolfo Mendieta, Andrews, 6-0, 6-0; lost to Alex Garcia, Monahans, 6-3, 6-4.
Aubrey Owen (Girls Singles)
lost to Maritza Baeza, Andrews, 6-3, 6-1; d. Marina Medellin, Shallowater, 6-0, 6-2; d. Alexis Johnson, Big Spring, 6-1, 6-2.
Ellie Villa (Girls Singles)
lost to McKayla Duzan, Snyder, 6-3, 7-5; d. Madison Lesley, Greenwood, 6-0, 7-6 (3); d. Roselia James, Snyder, 7-5, 6-2.
Jonathon Klassen (Boys Singles)
lost to Conner Elston, Shallowater, 6-1, 6-3; lost to Blake Chisum, Pampa, 6-0, 6-2.
Klassen/Guevara (Girls Doubles)
lost to Collins/Lesley, Greenwood, 8-4; lost to Newton/Castillo, Big Spring, 8-1.
Klassen/Villa (Mixed Doubles)
lost to Mendieta/Hathcock, Andrews, 8-2; d. Knapp/Hall, Greenwood, 8-3; lost to Garcia/Brown, Monahans, 8-1
Swinnea/Owen (Mixed Doubles)
lost to Terry/Nelson, Pampa, 8-5; d. lost to Garcia/Brown, Monahans, no score available.

Seminole ISD Athletic Schedules

Seminole ISD Varsity Spring Sports Schedules

Powerlifting
February
14 -- @Sweetwater Invitational (Girls)
23 -- @ Midland Invitational (Boys)
March
2 -- THSWPA Region I Regional Meet, Fort Stockton (Girls)
8 -- THSPA Region 1 Regional Meet, Sundown (Boys)
15 -- THSWPA State Meet, Corpus Christi (Girls)
23 -- THSPA State Meet, Abilene (Boys)

High School Track and Field
February
22 -- Seminole Tri-Meet, Wigwam Stadium, 1 p.m.
March
1 -- @ Pecos, 1 p.m.
8 -- @ Big Spring, 1 p.m.
16 -- @ Kermit, 1 p.m.
22 -- @ Mustang Relays, Andrews, 1 p.m.
28 -- @ Mustang Relays, Denver City, 1 p.m.
April
5 -- 2013 Indian Relays, Seminole, 1 p.m.
10, 11 or 12 -- @ District 2-3A Championships, Pirate Stadium, Woodrow (Lub. Cooper).
19 -- @ Class 3A Area Championships, TBA
26, 27 -- @ Class 3A, Region I Championships, Fuller Track, Texas Tech Univ., Lubbock
May
10-11-- @ Class 3A State Championships, Austin

Seminole HS Tennis
February
15-16 -- @ Odessa Tourney, Odessa, TBA
March
1-2 -- @ Regional Team Tourney, Odessa, TBA
8 -- Seminole Tournament, TBA
22 -- @ Monahans Tournament, TBA
April
8-9 -- District 2-3A Championships, Seminole HS, TBA
17-18 -- Class 3A, Region I Championships, Lubbock, TBA
29-30 -- Class 3A State Championships, Austin, TBA.

Seminole Maiden Golf
February
14 -- @ Andrews JV Invitational (JV only)
15-16 -- @ Snyder Invitational
27 -- @ Denver City JV Invitational (JV only)
March
1-2 -- 3A Regional Preview, Shadow Hills GC, Lubbock
6 -- @ Plains JV Invitational (JV only)
8-9 -- @ Andrews Invitational
18 -- @ Lamesa Invitational
27 -- District 2-3A Opening Round, Gaines Co. Golf Course, Seminole, 9 a.m.
April
8 -- District 2-3A Final Round, Shadow Hills GC, Lubbock, 9 a.m.
15-16 -- @ Region I-3A Championships, Shadow Hills GC, Lubbock
May
2-3 -- @ Class 3A State Championships, Jimmy Clay Course, Austin.

Seminole Indian Golf
February
14 -- @ Andrews JV Invitational (JV only)
20 -- @ Lamesa JV Invitational (JV only)
22-23 -- @ 3A Regional Preview, Shadow Hills GC, Lubbock
March
1-2 -- @ Andrews Invitational, Andrews
5 -- Seminole Invitational, Gaines Co. Golf Course
19 -- @ Lamesa Invitational
27 -- @ District 2-3A Opening Round, Gaines Co. GC, Seminole, 9 a.m.
April
8 -- District 2-3A Final Round, Shadow Hills GC, Lubbock, 9 a.m.
17-18 -- @ Region I-3A Championships, Shadow Hills GC, Lubbock
May
2-3 -- @ Class 3A State Championships, Jimmy Clay Course, Austin.

Seminole Indian Baseball
February
11 -- @ Snyder, 5 p.m.
16 -- 2013 Alumni Game, Ryan Field, 1 p.m.
18 -- vs. Monahans, 6 p.m.
21-23 -- @ Shallowater Tournament
28 -- West Texas Dust Storm Classic, Seminole, TBA
March
1-2 -- West Texas Dust Storm Classic, Seminole, TBA
5 -- @ Lovington, N.M., 7 p.m. (CST)
7-9 -- @ Midland Tournament, TBA
14 -- vs. Big Spring, 5:30 p.m.
15 -- vs. Greenwood, 7 p.m.
19 -- @ *Lubbock Cooper, 7 p.m.
23 -- vs. *Lubbock Estacado, 1 p.m.
26 -- @ *Levelland, 7 p.m.
28 -- vs. *Andrews, 7:30 p.m.
April
4 -- vs. Lubbock Christian, 6:30 p.m.
6 -- @ Shallowater, 12 noon
9 -- vs. *Lubbock Cooper, 7 p.m.
13 -- @ *Estacado, 1 p.m.
16 -- vs. *Levelland, 7 p.m.
20 -- @ *Andrews, 1 p.m.
26 -- vs. Shallowater, 7 p.m.

Seminole Maiden Softball
February
12 -- @ Crane, 5 p.m.
14-16 -- @ Lubbock Tournament,TBA
19 -- vs. Alpine, 5 p.m.
26 -- vs. Midland Christian, 5:30 p.m.
28 -- Seminole Maiden Tournament, TBA
March
1-2 -- Seminole Maiden Tournament, TBA
5 -- vs. Hobbs, N.M., 5:30 p.m.
7-9 -- @ Snyder Tournament, TBA
12 -- vs. Alpine, 3 p.m.
14 -- vs. Amarillo Caprock (at Abernathy)
16 -- vs. *Shallowater, 1 p.m.
19 -- @ *Lubbock Cooper, 5 p.m.
23 -- vs. *Lubbock Estacado, 1 p.m.
26 -- @ *Levelland, 5 p.m.
28 -- vs. *Andrews, 5 p.m.
April
6 -- @ *Shallowater 1 p.m.
9 -- vs. *Lubbock Cooper, 5 p.m.
13 -- @ *Estacado, 1 p.m.
16 -- vs. *Levelland, 5 p.m.
20 -- @ *Andrews, 1 p.m.

Gaines County Sporting Events

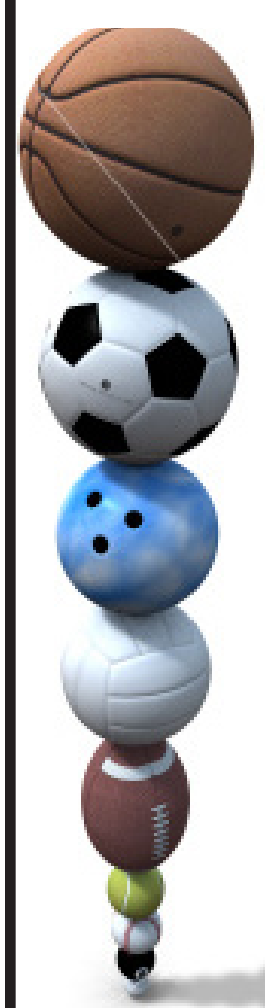
February 14
Seminole Maiden Varsity Softball @ Lubbock Tournament
SHS Indian Golf @ Andrews JV Invitational in Andrws
SHS Maiden Golf @ Andrews JV Invitational in Andrews
SHS Maiden Powerlifting @ Girls Last Qualifiers Meet @ Sweetwater, 4:00 p.m.

February 15
Seminole Indian JV Baseball vs. Kermit (scrimmage) @ Kermit, 6:30 p.m.
Seminole Maiden Varsity Softball @ Lubbock Tournament
SHS Maiden Golf @ Snyder Invitational
SHS Tennis @ Andrews Tournament

February 16
Seminole Indian Varsity Baseball Alumni Game @ Seminole, 1:00 p.m.
Seminole Maiden Varsity Softball @ Lubbock Tournament
SHS Maiden Golf @ Snyder Invitational
SHS Tennis @ Andrews Tournament

February 18
Seminole Indian Varsity Baseball vs. Monahans @ Seminole, 6:00 p.m.

February 19
Seminole Indian JV Baseball vs. Monahans @ Monahans 6:00 p.m.
Seminole Maiden Varsity Softball vs. Alpine @ Seminole 5:00 p.m.
Seminole Maiden JV Softball vs. Alpine @ Seminole 7:00 p.m.



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