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Space Jump Proves Successful
ROSWELL, N.M. (AP) — Felix Baumgartner stood alone at the edge of space, poised in the open doorway of a capsule suspended above Earth and wondering if he would make it back alive.

Latest News

- [Tickets for 'Beauty and the Beast' to be Sold Beginning Oct. 22](#)
October 15, 2012 11:51am
- [2012 PBIOS Slated for Tuesday, Wednesday](#)
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- [Kaci Fairchild](#)
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- [Rogers, Packers Hand Texans 1st Loss of Season](#)
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- [Texas HS Volleyball, Football Polls](#)
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- [A&M Outlasts Louisiana Tech, 59-57](#)
October 14, 2012 6:00am
- [TCU Downs Baylor 49-21](#)
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Weather

AccuWeather.com

Seminole, TX

Hourly Info | 15 Days | Videos

Sunny RealFeel®: 79°F
78°F Winds: SW at 15 mph

Your Extended Forecast

Today	Tomorrow
High 79°/Low 55° Partly cloudy	High 84°/Low 55° Partly cloudy
Wednesday	Thursday
High 84°/Low 45° Clear	High 70°/Low 43° Partly cloudy

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Up and Coming Events

- Nov. 6 Early Voting Process
October 22, 2012 8:00am
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October 23, 2012 8:00am
- Nov. 6 Early Voting Process
October 24, 2012 8:00am
- Nov. 6 Early Voting Process
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- Nov. 6 Early Voting Process
October 26, 2012 8:00am

Opinion Poll

Who do you think will win Thursday's Vice Presidential Debate?

Vice President Joe Biden

Rep. Paul Ryan

Undecided/Neither

[Vote](#)
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Trunk or Treat

October 28th
6:30 p.m. - 8:30 p.m.
Westside Church of Christ
201 NW 23rd Street

JOIN US FOR AN EVENING OF SAFE HOLIDAY FUN!
ACTIVITIES WILL INCLUDE:

- Trick or Treating
- Hot Dogs
- Jelly Jumper

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Birth Announcements



Senior Citizens



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Sunny RealFeel®: 79°F
78°F Winds: SW at 15 mph

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[Weather Forecast](#) | [Weather Maps](#) | [Weather Radar](#)

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Trunk Treat

October 28th
6:30 p.m. - 8:30 p.m.
Westside Church of Christ
201 NW 23rd Street

JOIN US FOR AN EVENING OF SAFE AND SOBER FUN!
ALL TRUNKS WILL INCLUDE:

- Frick or Treating
- Hot Dogs
- Jelly Jumper

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Teen Pot Use Linked to Later Declines in IQ

NEW YORK (AP) — Teens who routinely smoke marijuana risk a long-term drop in their IQ, a new study suggests.

The researchers didn't find the same IQ dip for people who became frequent users of pot after 18. Although experts said the new findings are not definitive, they do fit in with earlier signs that the drug is especially harmful to the developing brain.

"Parents should understand that their adolescents are particularly vulnerable," said lead researcher Madeline Meier of Duke University.

Study participants from New Zealand were tested for IQ at age 13, likely before any significant marijuana use, and again at age 38. The mental decline between those two ages was seen only in those who started regularly smoking pot before age 18.

Richie Poulton, a study co-author and professor at the University of Otago in New Zealand, said the message of the research is

to stay away from marijuana until adulthood if possible. "For some it's a legal issue," he said, "but for me it's a health issue."

Pot is the most popular illegal drug in the world, with somewhere between 119 million and 224 million users between the ages of 15 and 64 as of 2010, the United Nations reported. Within the United States, 23 percent of high school students said they'd recently smoked marijuana, making it more popular than cigarettes, the federal government reported in June.

Young people "don't think it's risky," said Staci Gruber, a researcher at the Harvard-affiliated MacLean Hospital in Belmont, Mass. Gruber, who didn't participate in the new work, said the idea that marijuana harms the adolescent brain is "something we believe is very likely," and the new finding of IQ declines warrants further investigation.

Experts said the new research is an advance because its methods avoid criticisms of some earlier work, which generally did not measure

mental performance before marijuana use began.

"I think this is the cleanest study I've ever read" that looks for long-term harm from marijuana use, said Dr. Nora Volkow, director of the National Institute on Drug Abuse, which helped fund the research.

Ken Winters, a psychiatry professor at the University of Minnesota and senior scientist at the Treatment Research Institute in Philadelphia, said the new findings aren't definitive, but they underscore the importance of studying how marijuana may harm young people. He had no role in the work.

Meier and colleagues reported their work online Monday in the Proceedings of the National Academy of Sciences. It was funded with governmental grants from the United States and Britain, and a foundation in Zurich.

The study drew on survey data from more than 1,000 people in New Zealand, everybody born in the town of Dunedin during a year-long span ending in 1973. In addition to IQ tests, they were interviewed five times between ages 18 and 38, including questions related to their marijuana use.

At age 18, 52 participants indicated they had become depen-

dent on marijuana, meaning that they continued to use it despite its causing significant health, social or legal problems. Ninety-two others reported dependence starting at a later age.

Researchers compared their IQ scores at age 13 to the score at age 38 and found a drop only in those who had become dependent by 18.

Those deemed dependent in three or more surveys had a drop averaging 8 points. For a person of average intelligence, an 8-point drop would mean ranking higher than only 29 percent of the population rather than 50 percent, the researchers said.

Among participants who'd been dependent at 18 and in at least one later survey, quitting didn't remove the problem. IQ declines showed up even if they'd largely or entirely quit using pot at age 38, analysis showed.

The researchers got similar overall results for IQ decline when they compared participants who reported having used marijuana at least once a week on average for the past year. The researchers had no data on how much was used on each occasion or how potent it was.

Dr. Duncan Clark, a researcher at the University of Pittsburgh, said he's not convinced that mental decline is only in those who become dependent by age 18. He said the main lesson he sees in the overall study results is that to preserve one's IQ, it's best to avoid marijuana entirely, no matter what your age.

The researchers also surveyed people who knew the study participants well at age 38. They found that the more often participants were rated as marijuana-dependent in the surveys over their lifetimes, the more memory and attention problems were noticed by their acquaintances over the previous year.

Mirror Ministries Abide in Him

By Daphne Delay
devotional@mirrorministries.org

When we think about something being "permanently fixed," we're referring to anything that is fastened, attached, or placed so firm, it's not readily movable. This could be anything from a palm tree to a cement bunker.

In the same manner, Jesus asked us to be permanently fixed in two things: His Word and His Love.

If you've ever used super glue to repair an item and accidentally gotten some on your fingers, then you understand permanently fixed. It's not easy to separate what's been glued together (in a micro-second)!

Keep this image in mind as you look at the instructions Jesus gave us when He used the word abide. It describes someone or something that is permanently fixed, versus having an occasional, or even semi-frequent, behavior pattern.

"If you abide in Me, and My words abide in you, you will ask what you desire and it shall be done for you. If you keep my commandments, you will abide in My love, just as I have kept My Father's commandments and abide in His love" (John 15:7,10).

Think about it: If God's Word is permanently fixed in us, He promises to answer all our prayers. And then to top that, Jesus said if we obey the Word we have established in our hearts (versus putting it there and doing nothing with it), we can also rest assured that we are permanently fixed in God's love!

Neither of these are small things.

Jesus said, "I have told you these things that My joy and delight may be in you, and that your joy and gladness may be of full measure and complete and overflowing" (John 15:11, AMP).

What a promise! I love basking in God's love and sharing it with others. And I love it when His joy fills my heart to overflowing... especially when prayers are answered and God is made known to those who aren't strong in their faith.

Jesus said the key to these kind of results is simply found in abiding.

I hope you will take this encouragement as motivation to get yourself permanently fixed, attached, established, firm, immovable, secure, solid, and steadfast in His Word and His Love. Oh, there's nothing like it!

May your joy be full!

(Editor's Note: Seminole resident Daphne Delay is an author, speaker, and the founder of Mirror Ministries. More devotionals can be found at www.mirrorministries.org.)

Birth Announcements

Funk

Nathaniel Jaden Funk was born October 30, 2012 at Seminole Memorial Hospital. She weighed 6 lbs. 13.2 oz. and was 20.5" long.

Her proud parents are Diedrich Funk and Elizabeth Rempel of Seminole.

Paternal grandparents are Diedrich and Maria Funk of Seminole.

Maternal grandparents are Bryan and Mary Russell of Seminole.

Contreras

Refugio Contreras and Socorro Garcia of Seminole proudly announce the birth of their son, Nicholas Contreras.

The baby was born at Seminole Memorial Hospital on October 21, 2012. He weighed 7 lbs. 2.1.

Paternal grandparents are Maria Contreras and Fransisco Contreras of Durango, Mexico.

Maternal grandparents are Refugio and Maria Garcia of Mexico.

Lowrie

Douglas and Lynn Anne Lowrie of Midland announce the birth of their son, Athen Michael Lowrie.

The baby boy was born October 21, 2012 weighing 7.5 lbs..

Grandparents are Athen and Glenda Lowrie of Seminole and Michael and Becky Joiner of Artesia, N.M.

Senior Citizens

November 12-16

Monday

Baked ham w/pineapple, sweet potato casserole, combread, spinach salad w/dried cranberries, pear crisp, low fat milk, vegetable juice.

Tuesday

Green chili stew, Spanish rice, tortilla, tossed salad/dressing, citrus fruit cup, low fat milk.

Wednesday

Pepper steak, baked potato w/sour cream, peas and carrots, whole wheat roll, pudding parfait, low fat milk.

Thursday

Roast turkey and dressing, giblet gravy, green beans, whole wheat roll, Waldorf salad, pumpkin pie, low fat milk.

Friday

Baked chicken breast, corn and lima beans, green salad/dressing, Mandarin oranges, whole wheat roll, low fat milk.

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- Up-to-date local news stories
- Latest Associated Press news
- Online classified section

- Online PDF of Sentinel Pages
- Community Calender
- Reader Opinion Polls

The screenshot shows the website's layout with a top navigation bar, a search bar, and a main content area. The featured article is titled "Space Jump Proves Successful" and includes a photo of Felix Baumgartner. The weather section shows a sunny forecast with a high of 79°F. An opinion poll asks "Who do you think won Thursday's Vice Presidential Debate?" with options for Joe Biden, Paul Ryan, and Undecided/Neither.